

Pre-Travel Checklist



Home Prep

- Clear fridge of perishable items
- Water your house and yard plants
- Prepare your pets + food/water/litter area
- Clear the pantry for perishable items
- Set a timer for your lights
- Clear out your washer/dryer
- Clear out your dishwasher + sink
- Notify your bank + credit card companies of travel
- Notify a friend or family of your travel plans
- Share a key to your home with a trusted person
- Turn off the water heater or set to reasonable temp
- Set your thermostat
- Turn off pool heater
- Close curtains and blinds
- Lock all windows
- Lock necessary doors upon exiting
- Check faucets for leaks and securely off
- Set alarm upon exiting + check fire alarms

Luggage Prep

- Prepare luggage tags
- Inspect baggage for tears or sealing issues
- Photograph the contents of your luggage
- Inspect pockets and layers of luggage
- Test the wheels and weight
- Check the size restrictions for your airline
- Carry-on: neck pillow and/or small blanket
- Carry-on: toothbrush + paste, deodorant, toiletries
- Carry-on: compression socks
- Carry-on: female products in case of emergency
- Carry-on: ibuprofen or aspirin

Travel Prep

- Check + order prescriptions as needed
- Double check itinerary + boarding passes
- Check vaccination needs for travel location
- Prepare passport in accessible but safe place
- Print travel documents
- Email travel itinerary to a friend or relative
- Make a copy of your passport + pack
- Make a copy of your drivers license + pack
- Make a copy of your credit cards + pack
- Take photos of these documents and save
- Purchase + review travel insurance
- Withdraw cash from bank
- Sign up for [STEP](#), run by US Dept of State
- Arrange airport drop-off ride
- 24 hours before - checkin for flight
- Download media for travel
- Charge electronics
- Download useful travel apps for US + destination needs
- Carry-on: house + car keys
- Carry-on: medication + glasses/contacts
- Carry-on: hearing aids + batteries
- Carry-on: cellphone charger
- Carry-on: power adapter for int'l travel
- Carry-on: hand sanitizer + mask
- Carry-on: ear plugs
- Carry-on: headphones
- Carry-on: valuables (jewelry, technology, etc.)
- Carry-on: snacks and empty reusable water bottle